

WINTER / SPRING LUNCH MENU

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Beef Bolognese Pasta Bake	Pork Sausages	Roast Beef	Texan Chicken	Chicken Goujons
OPTION 2	Vegan Red Thai Curry (VV)	Cheesy Pasta (V)	Vegan Sausages (VV)	Penne Pasta in a Tomato Sauce (VV)	Vegetable Lasagne (V)
SERVED WITH	Garlic Bread (opt. 1) Wholegrain Rice (opt. 2) & Green Beans	Hash Browns & Broccoli	Roast Potatoes & Mixed Vegetables	White Rice (opt. 1) Croquette Potatoes (opt. 2) & Carrots	Chips & Baked Beans or Peas
DESSERT	Chocolate Chip Cake (V)	Apple Crumble & Custard (V)	Lemon Sponge (V)	Banana Bread (V)	Chocolate Ice Cream (V)
JACKET POTATO	N/A	with Cheese and / or Baked Beans	N/A	with Cheese and / or Baked Beans	N/A

WK COMMENCING :
2 NOV, 16 NOV, 30 NOV,
14 DEC, 11 JAN, 25 JAN,
8 FEB, 1 MAR, 15 MAR

V - VEGETARIAN
VV - VEGAN

WINTER / SPRING LUNCH MENU

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Roast Chicken	Salmon & Broccoli Bake	Roast Pork	Cottage Pie	Breaded Fish
OPTION 2	Chickpea Curry (VV)	Cheese & Tomato Pizza (V)	Vegan Sausages (VV)	Aubergine baked in a Tomato Sauce with a Cheese Topping (V)	Cheesy Pasta (V)
SERVED WITH	Roast Potatoes (opt.1) Wholegrain Rice (opt.2) & Mixed Vegetables	Potato Wedges & Sweetcorn	Roast Potatoes & Mixed Vegetables	Sauté Potatoes & Broccoli	Chips & Baked Beans or Peas
DESSERT	Bakewell Tart (V)	Vanilla Sponge & Custard (V)	Toffee Apple Pudding (V)	Chocolate Cake (V)	Strawberry Ice Cream (V)
JACKET POTATO	N/A	with Cheese and / or Baked Beans	N/A	with Cheese and / or Baked Beans	N/A

WK COMMENCING :
9 NOV, 23 NOV, 7 DEC,
5 JAN, 18 JAN, 1 FEB,
22 FEB, 8 MAR, 22 MAR

V - VEGETARIAN
VV - VEGAN